

Friday evening Questions

How would you like to change the world? (Calgary)

Being Accepted as Equals

- Make society see everyone as equals
- Make everything equal – half and half
- Let everyone with differences be equal
- Have everybody treated equally
- Full citizenship for everyone
- People with disabilities to be accepted in society and be as normal as we can
- See people with disabilities treated the same as others
- Treat people the way they want to be treated
- Everyone treated the same with the same rights and responsibilities
- Everyone could be different in the world
- Everyone should be seen for who they are. Look past disability
- Being your own person
- Less people picking on people with disabilities
- Make the world nicer to be in and be your own person
- Make it better for people with disabilities
- Everybody be more friendly
- Make people more friendly to you and wear more smiles
- More nice people
- I want people to be happy
- Make people happy always
- Tolerance
- Respect old people and their wisdom
- People with disabilities be fully included in society (ally response)

Enough Money to Live on

- More money
- Raise AISH – 4
- Give more money to AISH
- More money for people with disabilities – 2
- Helping handicapped people
- More computers for people with disabilities
- Have everyone have a computer
- People like us working in the community – 2
- Having a craft business
- Give money to the homeless
- Feed 100,000 people

Being Strong Self-Advocates

- Change the world one person at a time
- Change the world one step at a time
- More self-advocates
- Teach people about their rights
- More disability rights

- More people with disabilities can be married
- Equal access to education for all
- I'd like to be a voice for people and animals who can't speak for themselves
- Make bureaucracy upside down so they understand where we are coming from
- People to stand up for their rights and change the government
- Change the government
- Have more mayors
- Have a woman run things (ally response)

Services that Meet Our Needs

- Write letters to politicians to get them to quit cutting the essential services like health care, education, post-secondary education and services to people with all disabilities
- Government to be more supportive of people with disabilities, like more funding for PDD and organizations that support people with disabilities
- Close all institutions
- Save Alberta Hospital
- Better health care. More doctors and nurses in hospitals so we don't have to wait
- More money for support workers
- More support
- Write sentences down so people can understand easier
- Make learning activities and information more accessible – easier explanations
- Get rid of all diseases, especially cancer

Nice, Safe Places to Live

- More affordable housing for people
- More low cost housing
- More wheelchair access in bathrooms
- Have a pet bird
- Fewer potholes in the roads

Strong Relationships

- Meet new friends

Save the Environment

- Everyone start cleaning up Canada to make it a better place
- Recycle – 2
- More environmentally friendly
- Have people pick up garbage around the city
- Not pollute rivers and not to litter
- No pollution

World Peace

- No more wars
- Less violence
- Stop the violence
- Peace – 6
- More peace and cooperation and understanding

- All countries working together

Other

- Have bowling in the Olympics
- Ban cell phones when driving
- I'd like to go to New Zealand
- Do more volunteering
- Hon. Mary Anne Jablonski –*"I would like to see everyone live their best life in a world where they are respected and accepted."*

What is most important to you right now? (Northeast)

Strong Relationships

- Family – 18
- Girlfriend/Boyfriend – 5
- Friends – 8
- Family and friends – 6
- Husband/Wife – 3
- Having children - 3
- Getting married – 2
- Baby
- Having a relationship
- Taking care of my nephews
- Pets

Work

- Work/Job – 7
- Get a good job – 2
- Work at business
- Working at the art gallery
- Helping others with disabilities to find jobs

Well-Being

- Being alive
- Take care of myself
- My sanity
- My health
- Eat healthy and be active
- Swimming
- Special Olympics
- Peace
- Art

Self-Advocacy

- Speak up for myself – 2
- Speak up for people's rights
- To be leader on the Board
- Helping others with disabilities
- Being here
- Office Assistant for SAF

Home

- Living on my own – 3
- [being] Independent - 2
- Home - 2
- My habitat
- Living in Red Deer
- Edmonton

What is the most important thing you are talking about? (Central)

Rights and Self-Advocacy

- Standing up for my rights – 2
- This week it is to be here – 2
- Everyone is equal
- Make new roads in self-advocacy
- Self-advocates
- Talk to others about their rights
- Help each other
- All people pitch in together
- Speak up for yourself
- Believe in yourself
- More rights
- We are able to do what normal people do
- Choices
- Change
- Women should have a greater voice and say-so
- Low income housing
- Bus transportation
- Guardianship changes
- Community living
- Getting more money
- Better PDD services
- Close all institutions
- Plain language
- An office assistant for SAF

Relationships

- Friends & freedom
- Friends
- New friends
- Friendship
- I like my friends
- Family and friends
- My children are the most important to me
- Full inclusion

Well-Being

- Having fun – 2
- Life
- Enjoy
- Activity
- Health

- God is with us all
- Peace

Other

- [self-advocate's name] June 4
- Asseing(?) the community
- Horses

How has self-advocacy changed your life? (South)

- More confident – 2
- Being part of the big picture
- I am on fire
- Made me stronger. I won a human rights case in 2001
- Been able to speak up more for myself and AISH has gone up
- Helped me by speaking up for myself
- Speaking up more
- Learn to speak up for yourself
- Show others how to speak up
- Speaking up for others
- Not shy anymore
- Made me a better person
- Made me to know and understand different people
- Giving me my freedom
- Made life better
- Being a leader
- Changed me positively
- Enjoy life
- Yes. Great

What advice would you give a person with disabilities? (Edmonton)

- Never listen to bad comments
- Never listen to bad influences and always have faith in yourself and those that truly want to help you reach your true potential
- Never stop living. Be glad to be who you are, because no one can take that from you
- Be respectful of yourself
- Always have confidence
- Always be sure of the amount of guts you may have
- I'd get rid of the word "disabled"
- Get good help
- Go to the Learning Centre and learn to read

What does an advocate do? (Edmonton)

- Speak out
- Stick up for myself
- Talk to people about what our abilities are
- Speak up for others that can't speak for themselves
- Friends

What are you doing to self-advocate? (Edmonton)

- Write down sentences so people can read them easier
- Helped plan this conference
- On the Leadership Today board

- Speaking up for my rights
- Speaking out to be a strong advocate
- Speak up for myself
- Help people not to put us down
- Talk to others
- Meet lots of people

Why is being an advocate important? (Edmonton)

- Making a difference
- A person who has a problem needs a mentor to learn the ropes of dealing with bureaucracy and struggles as I have done
- So I can live on my own
- To show others how wonderful I am
- Having friends
- Hanging with friends and zosiens(?)
- Because I won an award

What is a good way to get connected with a self-advocacy group? (Edmonton)

- Facebook
- E-mail, phone, look for them

Would you like to start a self-advocacy group in your neighborhood? (Edmonton)

- Yes – 3
- Standing up for themselves

What is the self-advocacy group in your area? (Edmonton)

- Disability Action Hall
- SAAG (Saskatchewan)
- South Region Self-Advocacy Network (SRSAN)
- CARS Cougars – get people to be in the arts & theatre. We do plays
- SOS (Speak for OurSelves)
- Voices
- Dynami – regular meetings, volunteer, we do lots

What things can we do to reach our goals? (n=85)

Political advocacy

- Work more with government and the rest of the community
- Continue to address our needs with the government directly
- Get the government to understand us. We are a valid community
- Talk to your MLA
- Talk to M. A. Jablonski
- Talk to my MLA - 2
- Make a phone call - 3
- Meet with government officials and PDD reps
- Make an appointment with 4 people in it so they can't back out
- Get into groups and tell politicians what to do
- Write a letter to my MLA
- Write a letter
- Write letters

- Write letters to the government
- Speak up, write letters to government
- Advocate for what we need by writing letters to MLAs and Ministers
- Petitioning
- Can get nice places to live by bugging the government
- Ask government for more money for workers
- Ask government for money – phone, write MLAs & Minister
- Ask government for more affordable housing
- More funding
- More money for our staff
- More money
- More about AISH
- Ask government for more money based on LICO (low income cut-off)
- LICO needs to be increased to a living wage
- Transportation making it the same price as seniors is yearly
- Lower rent or subsidies even if the basement suite is not legal
- Advocate for more affordable housing on housing committee
- Voting for the right person. Research. Make them keep their word
- Get new government
- Continue to promote community inclusion, natural supports and stay on top of the government so as PDD and AISH recipients' needs continue to remain in the forefront

Public awareness

- Make presentations to schools about people with disabilities by people with disabilities to help people understand us better
- Create better communication opportunities about the world around us
- Explain ourselves better
- We need to speak up more about issues that are of concern for people with disabilities
- To be a strong self-advocate it is so important to know what you are advocating for so you gain that respect
- Speak up. Speak out at other people's service. Speak up [to] all people
- Communicate and repudiate
- Talk to people. Let people know who we are - 2
- Talk to other people
- Talking to other people
- Open up more about self-advocacy to the community
- Be out in our community
- Get more involved in the community
- Volunteer
- Volunteer for Bowcliff seniors and 2 more weekends to end breast cancer
- Have a job where I will be appreciated, respected and accepted for who I am
- Work hard to show people I have a lot to offer
- Make friends that treat us with dignity and respect
- Media – all levels
- Organizing special events such as barbecues to raise awareness
- We need more money from AISH rally
- Rally
- Having more rallies in the community
- Have a rally in your community

- I'm not sure if a parade is the best way to be accepted as equals. I believe in raising awareness but not in the form of a parade (where cars/people just stare and think we are protesting) or are annoyed traffic is being held up. I think awareness can be achieved in other ways

Personal action and growth

- Having the ability to grow into better, more defined human beings
- Be more positive
- Think positive to be accepted as equals and have strong relationships
- Have more confidence in myself
- It's my own right and responsibility to reach our goal
- Our right and activities to reach our goal
- What I can do is loosen up. I'm too tight!
- Teaching self-advocacy and to be a teacher
- Self advocate
- Advocacy – speaking out yourself
- Stand up for yourself
- Speak up and out
- Be your own boss. Don't listen to other people
- Win awards
- More education
- Get information
- Learning more about your surroundings so you know what your place is and where you see yourself in the future
- Workshop so I can learn to be my own trustee
- Have more workshops to be more info to gather up
- Workshops to learn the skills we need to lobby
- Workshops to learn new skills
- Promote Leadership Today to keep it going if we can
- Membership Today
- More schools
- Upgrading
- Taking course
- May be nice to target one goal and focus on it getting petitions at the summit so when many talk about rights/needs and standing up for themselves, they have a specific example to refer to and can look at the awareness they have created and they work they have done to reach that goal

Work together

- Working as a team. Working together
- Work as a team works
- We can work together – strength in numbers, the more the merrier, onward and upward, louder and prouder, solidarity forever
- Stick together and work as a group
- Get better at working together
- Be more organized. Have a self-advocacy group with reps from each region to lobby, work with government, PDD, other branches, but also to work with the rest of the community on common issues
- Get reps from all regions to work on common goals
- Be united on all issues to government
- Work as a team
- Form committees

- We should ask smaller working groups to talk the goals through and make an action plan
- Put more time to working on goals together
- If everyone gets in small groups to choose one thing to make a decision, we will all have houses
- Set action plans in place with each region toward the goals
- Stay involved in self-advocacy groups (CASA, CAAN, Community Connections)
- And in our own community pulling together and making change
- Do what we promise to do to reach our goals
- More organized
- Better communication; more organized
- To have the agenda sent out earlier before any meetings
- Do more things in plain language
- More people to do things in plain language
- We can use plain language in all these goals
- Receive newsletters on upcoming events from other communities and be better self advocacy groups
- Help the small groups in the small towns and mailing the info to the members to send a newsletter
- Stay connected, carry on the momentum
- Go on computer
- Go on e-mail
- Phone people up and keep in touch
- Keep talking to each other – the government
- Hear from people from other organizations what they are doing
- To go back to our committee to discuss what we learned
- Go back to your town or city and get other disabled persons [to] find problem and how to fix it. Like talk to City Council and how we can work together and help each other fix it
- Use our new e-mail contacts to stay in touch with new and old friends
- Take what we have learned from working together, compile it and share it with everyone
- Research the questions we have now and share the results
- Keep the connections alive to sustain hope and energy
- Share ideas
- Support each other
- Don't let people put you down
- Don't let people put us down
- Getting together for more talks and come up with more strategies to work with
- Come together, open our minds and the rest will follow
- Talk about it
- Have more advocates
- Have more people come next year. Invite my roommates
- Get more people to come
- Why do we have to be a PDD client in order to attend summits and self-advocacy groups. Some people don't qualify for PDD and cannot attend summit
- Use the Summit as a way to get united
- More get-togethers province-wide to brainstorm
- Make the next summit better
- Continue to meet at conferences to make more friends
- Conferences to connect all regions within the self-advocacy movement

- Conferences
- Strong relationships – maybe next year more group work would encourage more intermingling among groups and build stronger relationships
- Brainstorm group meetings
- Meet lots of friends
- Meeting new friends
- Make new friends
- Meet people that will help work on our goals
- Get help from your workers and from your family to reach your goals
- Networking with agencies in different regions and their staff (managers) to see what is happening in other areas of the province
- Get to know more people in the field
- Make contacts
- Keep reaching for the top and never stop. Don't back out
- Never stop
- Loud and Proud
- Fundraising
- Self-advocates need to be heard
- Having agencies to listen to the client and having them have a voice
- Be clear to support workers about what I want
- Respect support workers

Statements of individual goals

- Being accepted as equals and being strong self-advocates
- Finding ways to cover cost of DATS passes
- My goal is to have more time with my friends and I would like to have more time to visit my friends – to (?) and say here to tell your staff is nice to me
- My goal is to be more independent and earn enough money that I live in nice house on my own
- My goals are meeting people. We are pludare(?) to have right to animals in your house
- I want a dog some day. I want to walk it by myself
- I want to be a DJ and work on my standup more to beat my anxiety
- Work toward a home and to get married
- Being accepted as equal within the communities and build friendship [are my goals]
- Calgary to be with my family and my boyfriend
- My goal is everyone will obey Edmonton network media
- To call to me a to gods. Sary CSS

What can we do to reach our goals?

Being Strong Self-Advocates

- Speak out!
- Be a good leader (Leadership Today)
- Write letters to your MLA
- Know your rights as a citizen
- Learn more about the issues (being your own guardian, housing, the government...)
- Have money and people to support self-advocacy
- Speak to the news (media)

- Have pride – be loud!
- Have rallies
- Join boards
- Go into the community and talk about self-advocacy
- Be a good role model
- Get jobs – get paid by PDD to be a self-advocate and to teach people about self-advocacy
- NO BIG WORDS...Make it Plain
- Write things in plain language
- Talk to MLAs
- Don't "dis" other people
- Get together with others
- Speak to your neighbors, family & friends
- Learn skills to speak out
- Help others out
- Educate staff about self-advocacy
- Be happier. Be more open and friendly
- Welcome others to help
- Listen to others
- Share information – videos, workshops, training
- Meetings
- Conferences

Get organized as a Provincial Self-Advocacy Group

- Have 6 regional groups that feed into and out of the Provincial group
- Have a mission
- Create a plan the group could work on
- Have a budget/fundraising/staff support & resources
- Get information out to PDD on what services we want/need/what is important to us
 - Pamphlets
 - Newsletters
 - Meetings
- Build community!
- Celebrate together (making friends, BBQ, retreat)
- HAVE FUN!

Being Accepted as Equals

- Golden rule – treat others as we would like to be treated
- Show our pride – one's place [in the world?]Get out and get involved so people know us
- Explore lots of things
- Learn about what makes us passionate
- Go to school – having chances to learn
- Volunteer (e.g., Big Brothers & Sisters)
- Talk in schools to change opinions
- Be a leader
- Speak about our rights
- Have our own home so we are part of the community
- Show people we are smart in our own ways
- Job and having coffee with our co-workers
- Pursue our interests
- Join groups (e.g., sewing, scrapbooking, pottery, etc.)
- Have all kinds of friends

- Doing recreation with neighbors and friends (run and swim)
- Experience risks and take on responsibilities
- Decide how to spend our own money
- We decide what happens in our own homes
- Choose our own religious experiences and traditions
- Have our partners (boyfriend & girlfriend) stay at our house
- Love others and be loved
- Get married to show people we want love also
- Learn what is socially acceptable
- Be a real part of government planning at all levels
- Stand up to the government
- No IQ test
- Stand up for our services
- Direct our own supports
- Plain language so we can participate

Services that Meet our Needs

Issues

- Funding is getting cut – Disability is on the back burner. We don't know where to go for services.
- Government did not talk to us.
- Government needs to look at my whole life including personal needs for connection to others.
- I want to live in my own home and be supported—not living with people I don't want to live with. Be respected.
- IQ ↓ - People need services & want to be independent. If I don't get help, I can be in crisis & fall through the cracks. Higher-functioning people are on the back burner. It is hard to find *a little bit* of help.
- Do people use AISH properly? Is it abused [or just not understood]? Handbooks are not enough if they are not in plain language.
- Too much red tape and writing used. The 310-0000 RITE line is not enough.
- Home ownership – we are no further ahead.

Actions

- Work as a united group.
- Talk to others and find allies.
- Write about the October 3, 2009 Edmonton Journal front page article on IQ (“Disabled face new obstacle”).
- Write letters to whoever will listen.
- Stand up to government.
- Call the RITE line to talk to MLAs.
- Go as a group to talk face to face with MLAs and Mary Ann Jablonski.
- Talk to agencies and make a presentation.
- Hold conferences in each region.
- Have a conference as a province.
- Hold a rally.
- Get everything in plain language (like AISH information).
- Talk to city and town councils as well as MLAs to fix the puzzle of services for my whole life.
- Get a good housing policy tied to AISH policy.
- Go to Ottawa.
- Be loud, proud and mad.

Enough Money to Live on

What enough money to live on is like

- To shop in regular stores, not just second-hand stores
- To live in good safe areas in the city – not the slums!
- Taxis should run 24/7
- Who pays mileage, staff or clients?
- Staff need money too

Ways to reach the goal

- Bitch to your MLA
- Petition
- Ask Ed Stelmach to live on \$1188
- Dig into Ed's pocket
- Double AISH to \$2376
- Let us keep more of what we earn ($\$400 \times 3 = \1200)
- If rent goes up our AISH should go up
- Rent control
- All-inclusive rent [utilities included in rent]
- More subsidies for rent and utilities and bus passes
- HandiBus/DATS passes (DATS pass \$74.25)
- Annual passes for bus + taxis
- Subsidized yearly fee
- Taxi passes

Strong Relationships

- What type of relationships? Neighbors, family, boyfriends & girlfriends, wedding, workmates
- Feeling lonely
- Better access to information about building relationships
- Information about sex
- Workshops on socializing
- Making new friends
- Looking for friends
- Find social help
- Networking – contacting people
- E-mail others
- Phone people
- More funding
- Money – It makes ¢ent\$
- Dating services
- Speed dating
- Women's groups
- Social groups
- Book clubs
- Join clubs
- Join group
- Have a pet
- Dances
- Attend community meetings
- Meetings
- Coffee
- Go to movies
- Go camping

- Sports
- Work dates at work – discussing work & personal
- Family get-togethers
- Newsletters - social
- Friends getting together
- Get to know each other
- Values in relationships
- Respect and understand one another

Nice, Safe Places to Live

What a nice, safe place is like

- My *own* house
- Not a prison
- I help make the rules
- Be in control and set my own rules
- Having a pet (dog and cat)
- Friends can come over
- Choose my own roommate
- Live alone with a cat
- My own furniture
- Have a big bathroom
- Space
- Privacy
- Thick walls to keep noise out
- Accessible
- Accessible kitchen
- More ramp in the house
- A lift and other equipment
- Nice, big garden
- In a safe neighborhood (not the slums!!)
- More good staff
- I want my own apartment with only the support I need
- If I don't move out

Ways to reach the goal

- Design (draw or plan) your own house)
- Talk to government

What did you get out of the Summit? (n= 107)

Knowledge and Skills

- I like the Summit. I learn new things and new action.
- The sessions I attended were informative
- All the talk was good
- Learning new things
- Learning new thinks
- New things
- Learning more
- Learned lots - 2
- Liked the seminars
- Class

- Speeches
- Workshops
- Workshop is fun
- The workshops were awesome
- Workshop help me when go back home.
- New ideas but will work on it with old friends
- I found out information that will be valuable to me for the future
- [Information] for the advocacy group at Camrose, AB and Self-Advocate Conference
- There was good information to bring back to our group.
- Learning about different organizations in the workshops
- I learned about a lot of groups that exist in Alberta and some things that are going on in this industry
- I learned what the different kinds of abuse are
- I learned how to deal with abuse; I learned how to say when abuse is happening
- Stop the abuse
- Learned how to say “no” to abuse
- I learned how to stop abuse
- Different things like communication style, learn different way to speak out, People First, disability vs. challenged
- I enjoyed learning about the presentation about the History of People First and I made certain inquiries through the presenter about getting this information to take back to our group
- I liked People First and watching the SAF video
- Liked the video of how to talk to PDD
- Learning about the Talking with PDD film
- Bringing down the hard words for talking with PDD
- Learned about Plain Language
- How to put documents in plain language
- I am independent on my own. I like the session with Chris Rowley
- Learned how to access the community
- I learned how to make new friends and that there is a life out there outside of my comfort zone.
- How to work with others
- Information about building relationships
- Found out about relationships
- Learned about being married
- How to get married
- Learning the tricks of the trades, how other self-advocacy groups are running
- Learn social networking with my new friends and talking with my old friends
- How to reach the government [MLA Kent Hehr’s talk]
- How to mobilize to get the word out
- Guardianship discussion
- I learned a lot about speakers and other self-advocates; to stand up for what is yours and to know what other people go through with everyday life. The sessions were excellent. Everything is great.
- I learned to speak up for myself and did so at the conference.
- It will teach me about the DVD and the [Leadership Today’s Speak From the] Heart book to read the stories and watch the DVD to be more positive.

Connections and Fun

- A lot of the Summit is fun. I like courses. I need an advocate conference, Disability Action plans.
- I got a lot out of the Summit. It was fun.
- I had fun and it was a good trip.
- I had lots of fun.
- I got lots of fun.
- I had fun.
- Lots of fun - 2
- Having fun - 2
- Having fun at the dance.
- Dance.
- Dancing!
- Liked the dance.
- I liked the dance.
- Talent show and party in the lounge.
- Talent show and dance
- Enjoyed the talent show.
- I like the talent show.
- Talent show - 2
- Pictures of hockey game.
- Liked the "Bloody Valentine" video and music.
- Barb loves it lots of laughing (supporter response)
- Funny and ? meet new people from different places.
- Connections + networking.
- Networking opportunities.
- Feeling connected with people from all over Alberta – felt united.
- I like meeting new people at the Summit.
- Got to know the new staff.
- Meet lots of people.
- Met lots of nice people.
- Meeting other people.
- Meeting people at Summit.
- Met people from other regions/new connections
- Meet new people from region.
- Meeting new people region
- Met new people - 2
- Meet new people - 3
- Met new people friends
- Meet new faces.
- Meeting new people - 4
- Met new people, friend maybe.
- Good friends.
- Meeting new friends - 2
- Met wonderful new friends
- New friends - 2
- Made new friends - 2
- Made friends.
- Making more friends.
- More friends.
- Meet friends.
- I met different friends and enjoyed the meeting.
- Make new friends snail mail and pen pals.
- Friends.

- Receiving addresses from different people to keep good contact with each person.
- Exchanged addresses with some of the friends I knew already.
- Connecting with old and new friends.
- Connecting with friends and meeting new friends.
- Seeing old friends.
- Reunited with old friends (making and keeping relationships is a key issue!)
- Saw old friends
- Seeing old friends and meeting new friends.
- I met friends from before and new ones.
- Spending [time] with friends. I went to a session with Greg and Rod, another session was with Greg and myself.
- Self advocacy or met a new people and a friends.
- Friends at Hat C 2 + out (?)
- Getting to know each other better.
- Great way to meet people and share what each of us is doing and help one another.

Inspiration and Pride

- I learned that all of us are here with one common goal and ideas.
- Fellowship, togetherness, not alone in the fight. Louder and prouder.
- I want to become a better self-advocate.
- I am a better person for coming here.
- Restored my passion for change and belief in community.
- Sing loud and proud.
- I feel loud and proud about being at the Summit.
- Learned to be proud of who we are
- Take credit for the things we do.
- Got to feel the pulse of the disabled community.
- We are all equals. We all stay together. We are one big happy family.
- Realization we are all one big family.
- Learned to appreciate being different and what talents I have
- People are the same. Who cares if they're slow or not. We are all the same.
- I learned how to stand up for my rights, also be team.
- Everybody working as a team, that we are all the same, that we don't have to be ashamed. Speak up, speak out. We are proud and we are loud.
- I liked David Roche as the guest speaker.
- Had fun watching David Roche.
- David was great.
- David was funny
- The opportunity to participate in making a video.
- Broad logistical schematics of expanded education of the Self-Advocate true spirit and growth in Alberta. The combination of such knowledge can develop a Brave New World.
- To get to happy. Me to me. The day for me.
- Shared ideas of what we do.
- I got to talk.
- Standing to tell a story about my life on Friday night.
- I shared that I have my own home-based craft business. I sell the stuff at Calgary Society for Persons with Disabilities.
- I learned I can speak up more.

- More speak out
- Were more politically active.
- Watch and to do things being assisted for the Self-Advocacy Federation.
- To be more independent.
- T-shirts [participants painted with pride statements]
- Wedding was wonderful
- The wedding was good.
- To watch a beautiful wedding.
- I watch the Murray and Tammy beautiful wedding on Saturday.
- Murray and Tammy wedding.
- I really liked the wedding. This is the first time I've got to go to a wedding of my friends.
- Got to attend a friend's wedding and a dance for the first time without my parents.
- I got to go to a wedding all part of the Summit.
- Attending a wedding of two self-advocates.
- Attended a wedding.
- I went to a wedding.
- The wedding
- Wedding.
- It was interesting and understand about wedding.
- The parade on Saturday
- Parade.
- Liked the rally.
- Walking in the rally.
- I walked through Edmonton streets.
- People sharing their stories of their struggles was quite interesting and informative of the struggles people have gone through. It was also great to see so many self-advocates and the insights they have come to over the years.
- Observed growing independence from advocates I came to support. They demonstrated they could attend with limited support in future. Some good contacts for workshops and some new teaching tools. (ally response)

Issues

- If people can't work, AISH should give more money to them because people that can work get money.
- Helped to get more money for persons with physical and developmental disabilities
- I got that the government needs to support people with disabilities better.
- Glad to see we got away from the usual topics and moved on to new topics to talk about.
- A little more understanding of some issues.
- Service that meet our need.
- Create better opportunities for myself and others.
- Making change.

Location and General Positive Comments

- It was a good Summit. I like to come to the Summit if there is another Summit.
- It was a good feeling to be here, I would come again.

- It was good.
- Excellent job done to the organizers!!
- It's my favourite.
- Conference
- I love the hotel and staff.
- I like the hotel.
- Enjoyed staying in the hotel and having the feeling of having a roommate.
- Rooms were nice.
- Check rooms
- Swim lots.
- Swimming
- I liked the beds and swimming and see the night lights - 2
- Nice beds, good sleep.
- Nice beds.
- Bed was OK
- Meals were good, bedrooms were clean and good.
- I got to eat new food.
- I like the food.
- Food was great. Full to top.
- Very good food.
- Food is good.
- Food was good.
- Good food - 3
- Lunch. Dinner banquet.
- Meals somewhat good.
- I good to the summit. I will go to the wolind.
- I like the sete [seat?]

Problem Areas

- Next year Summit should have more breaks so people with ADD can deal with sessions better without feeling energized and trapped
- Too long.
- The talent show was too long. The dance was too short.
- It was good but it was too short.
- The sessions were very good but too short.
- The housing is a problem; the bed was too hard in our room.
- Better food for breakfast
- Provide better food; include free non-alcoholic drink with all meals
- I wish the Summit was longer, like a seven day weekend.

